



Giving Back, Enhancing Lives

Nonprofits depend on the help and generosity of donors to carry out their charitable missions. Changes in our economy have created fundraising challenges for many organizations that must raise money for programs and basic operating expenses. Now, more than ever, nonprofits are looking for ways to save money without jeopardizing the quality of their services. At The Arc of San Antonio, we believe that helping other nonprofits can be more than just a nice thing to do – it can also be a way to fulfill our mission to enhance the lives of people with developmental disabilities.

Last fall, The Arc's Volunteer Work Center began providing free services to other nonprofits in San Antonio. Participants in our Life Enrichment classes have the opportunity to perform mailing and administrative tasks for organizations that may be stretched for staff time, volunteers or funding. Since the program began, Sunshine Cottage, San Antonio Christian Dental Clinic, Down Syndrome Association and San Antonio Youth Centers have saved time and money by using the Volunteer Work Center for large mailings. Work Center participants also stuffed 1,000 stockings for the Gordon Hartman Family Foundation to give away at their holiday party in December and 500 goodie bags for their Valentine's Day dance.

After using The Arc's Volunteer Work Center for a mailing last February, Sunshine Cottage Director of Development, Connie Munn, wrote to say, "Our fall seasonal greeting cards were stuffed, stamped and mailed in record time. I am especially impressed by your eagerness to complete the job and your follow-up to advise us of progress on the job. This service of The Arc of San Antonio saves us both time and money, and, as you know, all businesses are looking for ways to economize, especially nonprofits."



Arc participants Frances Sellers (left) and Kathy Martinez (right) enjoyed folding and labeling newsletters for the Down Syndrome Association.



Loyd Keys volunteers to shred paper for other nonprofits in The Arc's Volunteer Work Center.

In April, Work Center volunteers prepared a newsletter mailing for the Down Syndrome Association. "It was such a blessing to have their help," said Executive Director Terri Mauldin. "They made it possible for us to get our newsletters out on time and saved us almost \$1,600!"

The Volunteer Work Center is more than just a valuable resource for local nonprofits – it is also developing vocational skills and providing meaningful volunteer work that allows people with developmental disabilities to give back to the community. "I'm happy because they are training me here," said Frances Sellers, one of The Arc's participants who volunteers to do nonprofit mailings. "Labeling is my favorite project."

To learn more about the Volunteer Work Center's free mailing services for nonprofits, contact Sandra Barrera at (210) 490-4300 ext. 130 or sbarrera@arc-sa.org.

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Jack Minter, President & CEO

The Big Picture

The Arc of San Antonio believes that partnering with other nonprofits is critical to carrying out our mission to enhance the lives of people with developmental disabilities. Our goal is to serve as many children, adults and families as possible with the resources we have available. One way to leverage finite resources is to collaborate with other nonprofits that serve people with disabilities. Any time that we can provide space for another nonprofit's programs or promote one of their activities through our email contacts, we indirectly serve many more people than we could working on our own.

Sharing our facilities and collaborating on programs is also a matter of good stewardship. This past February, the Pam Stephens Center became a new site for Respite Care of San Antonio's Family Day Out. This program gives parents of children with disabilities an opportunity to spend time reconnecting as a couple or spending quality time with the other children in the family. Down Syndrome Association of San Antonio is now using space at The Arc's West Ave. building for their Adult Continuing Education. This unique program helps individuals with Down syndrome develop their academic skills through one-on-one tutoring and support. By providing free space to other nonprofits with similar missions, we get the most out of the resources the community has so generously donated to us.

The Arc's Volunteer Work Center is just one more way we can practice good stewardship while fulfilling our mission. This new program provides opportunities for adults with developmental disabilities to do volunteer mail projects for local nonprofits. When people with developmental disabilities experience the benefits of volunteering and nonprofits save money – everyone wins!

Community Connections

San Antonio Junior Forum

Volunteers from the San Antonio Junior Forum provided an evening of bingo and banana splits for adults with developmental disabilities on Tuesday, April 13 at The Arc's West Ave. location. The ladies also brought along Buttons



the Clown who entertained

the crowd with magic tricks. Thank you San Antonio Junior Forum for a wonderful evening!

Above: Volunteers from SA Junior Forum in front of the Riverwalk mural at The Arc's West Ave. facility.

Left: SA Junior Forum member Sandra Hernandez Coleman (left) playing bingo with Javier Roldan.



A Day at Spa Enso

On Thursday, March 4, Spa Enso provided a day of pampering for 22 adults from The Arc's Life Enrichment programs. Chef Michael Flores organized the event and catered a gourmet lunch to go with the manicures, pedicures, facials and massages provided by Spa Enso. A special thanks to Boss Creative, Starley Murray, District Attorney Susan Reed, Tanji Patton, Shaun Stevens, Sarah Lucero and Railroad Commissioner Elizabeth Ames Jones for stopping by to show their support for people with developmental disabilities. To learn more about Spa Enso, visit their website at www.spaenso.net.



Caitlin Patterson enjoys a day of pampering with a manicure at Spa Enso.

A Magical Evening Raises \$ 230,000 in 2010!



Gala Honorees, Shaun and Debbie Kennedy, and their daughter, Katie onstage at *A Magical Evening*.

Thanks to our sponsors, guests and Fund the Magic donors, The Arc of San Antonio's 22nd Annual Gala, *A Magical Evening*, raised a record \$230,000 in net proceeds on Saturday, March 27th at the Westin Riverwalk Hotel. The Gordon Hartman Family Foundation was the Presenting Sponsor for the event which recognized Gala Honorees Shaun Kennedy, President of Broadway Bank, and his wife Debbie, for their contributions to the community.

During Fund the Magic, an auction-like part of the evening where guests donate directly to The Arc's programs, philanthropist Harvey Najim set a goal of raising \$125,000. Thanks to his leadership gift of \$25,000 and a matching donation from the Gordon Hartman Family Foundation, The Arc raised more than \$132,000 in pledges and contributions through Fund the Magic. "The past year has been a challenging economic time," says Jack Minter, President and CEO of The Arc. "Proceeds from *A Magical Evening* help us to make up for cutbacks from other sources so that we can maintain our current level of care to the families we serve."

You can still help Fund the Magic for people with developmental disabilities in our community. Give online at www.arc-sa.org or mail your donation to The Arc of San Antonio, 13430 West Ave., San Antonio, TX 78216.

GALA UNDERWRITERS

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Thank you to our gala volunteers!

Putting together a successful gala takes a lot of planning and hard work – especially on the day of the event. We are so grateful to the volunteers from Broadway Bank, Jefferson Bank and UTSA who helped put the magic in *A Magical Evening*.



Left: Pre-med students from UTSA (above) joined employees from Jefferson Bank (below) as first-time volunteers at The Arc's gala. We hope to see them all again next year!



Right: Volunteers from Broadway Bank donated their time and energy the day of the gala to set up before the event (above) or assist with the evening activities (below). Broadway Bank employees have been helping with *A Magical Evening* since 2006. We appreciate their faithful support!



Your Living Legacy

The gifts you make in your estate plan can carry on your charitable support long after your passing. An estate plan allows you to choose the type of legacy you would like to leave. There are several ways you can include a legacy gift to The Arc of San Antonio in your estate plan:

- Designate The Arc of San Antonio as a beneficiary in your will
- Establish a fund named for your family
- Make a contribution to The Arc of San Antonio Endowment
- Designate a gift of insurance
- Create a charitable remainder trust
- Make a contribution to The Arc of San Antonio's Capital Campaign

Please consider making a gift to The Arc of San Antonio in your estate plan. For more information contact Mike Countryman, Major & Planned Gifts Officer at (210) 490-4300 ext. 135.

The Arc of San Antonio
13430 West Avenue
San Antonio, TX 78216

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Look for us on your workplace donation form: Combined Federal Campaign #81972 or United Way # 215

or

Let us know if you work for a matching gifts corporation.

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If you would like to be added or removed from our mailing list or have a change of address, please fill out the reply envelope enclosed in this newsletter.

Please note: The Arc of San Antonio does not sell or release names to other organizations or businesses.

For information on scheduled events and activities, check out our calendar at www.arc-sa.org.

Learning Partnership

How healthcare students are learning about people with special needs

Nursing and dental students are getting a chance to learn about the healthcare needs of people with developmental disabilities at The Arc of San Antonio. Students from Career Point College and the University of Texas Health Science Center at San Antonio (UTHSCSA) are getting clinical experience working with adults in The Arc's Life Enrichment programs at West Ave. and the Pam Stephens Center. Ronnie Shekarchi, one of the first UTHSCSA nursing students to participate in the new program said, "The goal of our visits was to assess the health needs at The Arc so that we could help promote life skills teaching, and the health and wellness among participants by providing instructions to the teaching staff. We formed wonderful new bonds with the participants and have a greater understanding of the learning styles of those with developmental disabilities."

After hearing about the positive experience the nursing students had during their community rotation at The Arc, a group of UTHSCSA dental students asked if they could do a 6-week program on dental health at the Pam Stephens Center. The students assessed each participant's dental hygiene before and after a demonstration on proper brushing techniques. The students found that simply helping the participants learn to grip their toothbrushes properly made a big difference in how well they brushed.

The partnerships with Career Point College and UTHSCSA are giving the students a great learning experience and enhancing the quality of life for adults with developmental disabilities at The Arc. "Our participants enjoy having the extra attention and have retained much of the information they learned from the students," said Gloria Chacon, The Arc's fulltime RN who helped put the partnerships in place. "The Arc's Life Enrichment instructors also appreciate the extra assistance in their classrooms."



Career Point nursing student, Lyn Hrbeck (right), with Arc participant Isaac Beck (left) and The Arc's fulltime registered nurse, Gloria Chacon (center).