The Arc of San Antonio was founded in 1954 by a group of parents who needed support and services for their children with special needs. Today, the mission of the Arc is to enhance the quality of life for children and adults with intellectual or other developmental disabilities. The Arc is a private nonprofit agency that provides a wide array of social services, information, referral, client support and advocacy for people with developmental disabilities and their families.

Copies of this directory are available online at www.arc-sa.org/resources.htm or contact us at:

The Arc of San Antonio, Inc.
13430 West Avenue
San Antonio, TX 78216-2005
Arc Toll Free (888) 490-9609
(210) 490-4300
www.arc-sa.org

Although this directory is distributed free of charge, donations are gladly accepted. We depend on contributions to meet operating expenses in producing and mailing this directory. Organizations included in this directory are not directly or indirectly endorsed by The Arc of San Antonio. For more information about how you can support the Arc, contact Beth Green at BGreen@arc-sa.org, or call (210) 490-4300, ext. 127.
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ADAPTIVE EQUIPMENT / MEDICAL SUPPLIES

Alamo Mobility – Driving Aids
6473 DeZavala Rd, SAT 78249
(210) 697-8884
www.alamomobility.com

All Star Medical
6894 Alamo Downs Parkway
SAT 78238 - (210) 767-8004
Accepts CSHCN
www.allstarmedical.org

Bexar Care
7410 John Smith Dr, Suite 108,
SAT 78229 - Accepts CSHCN
(210) 614-3804
www.bexarcare.com

Caprock Home Health Services
1123 N. Main Suite 215 SAT 78212
(210) 225-7003
www.chhs.com

CHAMPS
7718 Louis Pasteur SAT 78229
(210) 614-1414
6978 Fairground Pkwy.
Medical supplies only. Accepts CSHCN.
www.champsmedical.com

Comal Drugs
544 Union Avenue
New Braunfels, TX 78130-4158
(830) 625-2421 www.comaldrug.com
Accepts: Medicaid (traditional, Molina & Community First)

Davila Pharmacy
1423 Guadalupe, Suite 108 SAT 78207
Authorized Medicaid Provider, medical supplies.
Accepts CSHCN, CHIP
(210) 226-5293
www.davilapharmacy.com

Harbor Alliance
13940 Bammel North Houston Rd., Ste. 102
Houston, TX 77066
Contact: Pauline Martin
(281) 397-8740 Fax: (281) 397-8741
Accepts Medicaid & CSHCN
www.harborallianceinc.com

Hope Medical Supply
1116 E. Houston, SAT 78205
(210) 226-1482
Accepts CSHCN

MEDCO
10305 Round Up Ln. #100 Houston TX. 77064
1-800-245-3816 (customer service)
Local: satexas@emedco.com
Mike (210) 837-6404
www.emedco.com

MK Prosthetic & Orthotic Services
4319 Medical Dr., Ste. 106 SAT 78229
(210) 614-9222
930 Proton Bldng. A, Ste. 100 SAT 78258
(210) 494-1933
www.mkprosthetics.com

National Seating Mobility
7715 Mainland SAT 78250
(210) 520-6481
Accepts Medicaid/Medicare and CSHCN
www.nsm-seating.com

Pathways
4243 Piedras Dr., East, Ste. 100 (Beaumont Bldg)
SATX 78228-1416
(210) 733-7117
www.pathway.org

Project M.E.N.D.
5727 IH 10 West, SAT 78208
Loans used equipment, wheelchairs, walkers, etc.
(210) 223-6363 www.projectmend.org
Rehab in Motion
8666 Huebner Rd. #200
SAT 78240
(210) 696-1084
www.rehab-in-motion.com

San Antonio Orthotics & Prosthetics
11933 Network Blvd., SAT 78249
Leg braces, etc.
(210) 616-0761

Simon & Simon
7718 Louis Pasteur, SAT 78229
(210) 691-1106

Summit DME
1070 Arian Circle, Suite 164 SAT 78216
Authorized Medicaid and Medicare Provider, DME
www.summit.hme.com
(210) 521-9800

Wheelchairs Plus
7719 Wurzbach Rd, SAT 78229
(210) 949-1660
www.wcplus.com

Wood Medical Supply
16147 College Oak #103, SAT 78249
(210) 492-5533
www.woodmedicalsupply.com

The Arc of San Antonio, Inc. – Life Enrichment
13430 West Ave SAT 78216
Adult Day Services (Young Adult, Day Habilitation)
(210) 490-4300
www.arc-sa.org

Autism Treatment Center of San Antonio
16111 Nacogdoches SAT 78247
Vocational Workshop & Day Habilitation
(210) 590-2107
www.atcoftexas.org

CALAB Activity Center
6470 Heath Road SAT 78250
Adult Day Habilitation and Vocational Programs
(210) 647-0191 ext. 330
www.calabinc.com

Casa De Amistad
1933 Fredericksburg Rd. Ste 101 SAT 78201
(210) 737-6955 - DAHS program

Center for Health Care Services - CHCS
3031 IH 10 W SAT 78201
Calidad – Day Habilitation, Vocational
(210) 731-1300
DAHS – 532-5158
www.chcsbc.org

Community Learning Center - CLC
333 W Lovera SAT 78212
Supported employment and job placement services
(210) 733-1017

Council Oaks Community Options
11901 Toepperwein Suite 1001
Live Oak, TX 78233
(210) 646-0717 – Day Habilitation

Day Haven
8823 Tradeway SAT 78217
(210) 832-0055 - Day Habilitation

ADULT DAY PROGRAMS/ VOCATIONAL PROGRAMS

Alternative Business Services (dba Educare)
73700 Belgium Lane, SAT 78219
Day Habilitation, vocational
(210) 822-8036/ (210) 967-9699
2006 Cegeee, SAT 78217

Angel Care Center of San Antonio, Inc.
4338 Center Gate Drive SAT 78217
(210) 946-6300
angelcaresa@att.net

The Arc of San Antonio’s Community Resource Directory may be reproduced for personal or educational use without written permission, but cannot be included in material presented for sale or profit.
Easter Seal Rehabilitation Center
Head Injury / New Beginnings Program
2203 Babcock Rd, SAT 78229
Day Habilitation and Vocational Training
(210) 614-3911  lindatapia@easterseals.satx.org
www.easter-seals.org

Goodwill Industries
Central Intake (210) 924-8581
Assists with job placement, help with resumes, etc.  www.GoodwillSA.org

Methodist Mission Home
6487 Whitby SAT 78240
(210) 696-2410
Day Habilitation, Vocational
www.mmhome.org

Mission Road Development Center
8706 Mission Rd  SAT 78214-3144
DAHS Program, Day Habilitation
(210) 924-9265
www.missionroadadministrations.org

Mother Earth Adult Daycare
8464 Barron Dr.  SAT 78240
DAHS Program
(210) 691-1778  www.motherearthadc.com

Reaching Maximum Independence (RMI)
Day Habilitation
(210) 656-6674 – various locations
www.rmihomes.org

San Antonio Lighthouse
2305 Roosevelt  SAT 78210
Vocational services for visually impaired
(210) 533-5195
www.salighthouse.org

Sterling Adult Day Services
4252 Thousand Oaks  SAT 78217 or
543 Pinn Rd.,  SAT 78227
DAHS Programs
(210) 656-4772 or 670-1105
www.sterlingservicesgroup.com

Easter Seal Rehabilitation Center
Head Injury / New Beginnings Program
2203 Babcock Rd, SAT 78229
Day Habilitation and Vocational Training
(210) 614-3911  lindatapia@easterseals.satx.org
www.easter-seals.org

Goodwill Industries
Central Intake (210) 924-8581
Assists with job placement, help with resumes, etc.  www.GoodwillSA.org

Methodist Mission Home
6487 Whitby SAT 78240
(210) 696-2410
Day Habilitation, Vocational
www.mmhome.org

Mission Road Development Center
8706 Mission Rd  SAT 78214-3144
DAHS Program, Day Habilitation
(210) 924-9265
www.missionroadadministrations.org

Mother Earth Adult Daycare
8464 Barron Dr.  SAT 78240
DAHS Program
(210) 691-1778  www.motherearthadc.com

Reaching Maximum Independence (RMI)
Day Habilitation
(210) 656-6674 – various locations
www.rmihomes.org

San Antonio Lighthouse
2305 Roosevelt  SAT 78210
Vocational services for visually impaired
(210) 533-5195
www.salighthouse.org

Sterling Adult Day Services
4252 Thousand Oaks  SAT 78217 or
543 Pinn Rd.,  SAT 78227
DAHS Programs
(210) 656-4772 or 670-1105
www.sterlingservicesgroup.com

Unicorn Center, Inc.
4630 Hamilton Wolfe SAT 78229
Day Habilitation, Supported Employment
(210) 737-3355
http://unicorn.missionroadadministrations.org/main

Workaccess, Inc.
Oak Meadow Methodist Church
2740 Hunters Green  SAT 78231
(830) 714-9280
Youth & Adult program, provides work training and placements, with self-employment support.
Early Childhood program for children with special needs.  www.workaccess.us
email: admin@workaccess.net

Yes I Can, Inc.
10807 Perrin Beitel Rd. #200  SATX  78217
(210)599-6668
www.yesicaninc.com

ALAMO LOCAL AUTHORITY FOR INTELLECTUAL & DEVELOPMENTAL DISABILITIES (ALA)

Alamo Area Council of Governments (AACOG)
www.aacog.com/mra/default.asp

ALA (Formerly BMRA)
Intake & Eligibility:  (210) 832-5020
Service Coordination:  (210) 832-5078

CENTER FOR HEALTH CARE SERVICES
www.chcsbc.org

Adult Mental Health Intake
(210) 223-4061

Adult Crisis Line
527 N. Leona 2nd floor
903 West Martin
(210) 225-5481

Adult Diagnosis Clinic
226-2012 or 226-2014

Child Mental Health/Crisis Intake
711 E. Josephine
(210) 299-8139

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CHILD CARE FUNDING/RESOURCES

Child Care Services Division – CCSD
1227 Brady Blvd. SAT 78207
Child care funding and placement
(210) 206-5200
www.sanantonio.gov/comminit/childcareservices.aspx

City of San Antonio – Head Start
(210) 206-5500
www.saheadstart.org

Family Services/Smart Start
Child care Resource and Referral
(210) 657-6278
www.family-service.org

Online Child Care Search:
www.txchildcaresearch.org

San Antonio Family Endeavors
After School/Summer Programs
535 Bandera SAT 78228
(210) 431-6466
www.safamilyendeavors.org

Southwest Institute for Educational Advancement - SIEA
PO Box 701364, SAT 78270
Assistance in locating childcare services for special needs children and providing on-site and group training workshops.
(210) 885-5250

CHILD CARE PROGRAMS- SPECIAL NEEDS

The Arc of San Antonio- Life Enrichment
After School/Summer childcare
Child care ages 5-21
13430 West Ave. SAT 78216
6530 Wurzbach SAT 78240
(210) 490-4300 www.arc-sa.org

Bright Center for Inclusive Communities
Bright Beginnings Day Care - Infant to 5 years old
14207 Higgins Rd. SAT 78217
(210) 826-4492 www.brightonsa.org

Center for Health Care Services – CHCS
Summer Youth Program
227 West Drexel SAT 78210
For School Holidays and Breaks. 8-22 years old
(210) 532-5159
www.chcsbc.org

City Parks & Recreation Summer Program
Lincoln Community Center
2915 E. Commerce SAT
13-19 years old
(210) 207-3048

Country Home
8155 Fredericksburg SAT 78229
(210) 692-7205 - Call for additional locations
6 weeks to 13 years
www.countryhomelearningcenter.com

Enrichment Academy
7500 Eckhart Rd. SAT 78240
(210) 521-3884
6 weeks to 18 years old
www.theenrichmentacademy.net

Eva’s Heroes
11107 Wurzbach, STE. 203 SAT 78230
(210) 694-9090
14-21 years old.
www.evasheroes.org

La Misión Childcare Kid Kamp
2211 So. Hackberry SAT 78210
(210) 534-3836
0-12 years old

MiCasa Family Center
8601 Cinnamon Creek SAT 78240 (210) 561-7660
4820 Brandeis (off DeZavala) (210) 696-6599
8875 Timberpath (Northwest) (210) 521-9876
0-12 years old
www.micasachildcenters.com

Mission Road - Soar Summer Program
8706 Mission Rd. SAT 78214
(210) 334-2437 - 6-17 years old
www.missionroadadministrations.org
Rainbow Station
322 East Sonterra
(210) 495-5222
0-14 years old
www.rainbowstation.org

Respite Care of San Antonio Day Care
605 Belknap Place / P.O. Box 12633 SAT 78212
(210) 737-1212
0-12 years old
www.respitecaresa.org

Study Hall Learning Center
2046 Babcock SAT 78229  (210) 615-1414
9480 Braun Rd. SAT 78254  (210) 684-4932
4106 San Pedro Ave. SAT 78211 - (210) 733-1414
0-12 years old
www.studyhalldaycare.com

EDUCATIONAL ADVOCACY RESOURCES

101 Advocacy
Helping families navigate through the special education process. (Sliding fee scale.)
Contact Sylvia Farber - (210)722-9974
www.101advocacy.com

Disability Rights Texas
(previously named Advocacy Inc.) Assistance with legal rights of persons with disabilities
6800 Park Ten Blvd., Ste. 208-N SAT 78213
(800) 880-8401 (9:00 am-12:30 pm)
(800) 252-9108 (after 12:30 pm)
www.disabilityrightstx.org

Jennifer Fitzhugh
Helping children with special needs
(210) 415-6098

Parent Alliance Learning and Support (PALS)
14207 Higgins Rd. SAT 78217
School Advocacy  (210) 826-4492
www.brightonsa.org

Partners Resource Network TEAM Project
School Advocacy
(877) 832-8945 State (Houston)
(210) 483-3233 SA www.partnerstx.org

School Issues: www.theeducationlawyer.com

EARLY CHILDHOOD INTERVENTION

ECI General Line: (800) 628-5115

Brighton Center for Inclusive Communities
14207 Higgins Rd. SAT 78217
(210) 826-4492
www.brightonsa.org

Easter Seal Rehabilitation Center
2203 Babcock Rd, SAT 78229
(210) 614-3911
www.easter-seals.org

The Center for Health Care Services – CHCS
227 W Drexel SAT 78210
(210) 532-5158
www.chcs.org

EDUCATIONAL SERVICES (PRIVATE SCHOOLS/PROGRAMS)

Achievers at University United Methodist Church
5084 De Zavala Road SAT 78249
Secondary school for students with special needs.
(210) 690-7359
www.achieverscenterforeducation.org

Foundation School for Autism
2235 Thousand Oaks, Ste. 130 SAT 78232
Charter school for children diagnosed with Autism.
Serves ages 3-7. Open enrollment, highly trained staff, wait list.
Contact: Rheatha Miller
(210) 402-0253
rimiller@responsiveed.com

Monarch Academy at Morgan’s Wonderland
5235 David Edwards Dr. SAT 78233
Private school for students with special needs.
Contact: (210) 479-3311 www.monarchacademy.net
Email: info@monarchacademy.net
One For Autism Academy  
265 E. Lullwood SAT 78212  
(210) 680-8737  www.oneforautism.com

River City Christian School  
5810 Blanco Road SAT 78216  
Private, Christian based school for students with learning differences or emotional disturbance  
(210) 384-0297  
www.rivercitychristianschool.com

Sunshine Cottage School for Deaf Children  
603 E. Hildebrand  SAT 78212  
(210) 824-0579  
For hearing impaired: TTY (210) 824-5563  
www.sunshinecottage.org

Winston School of San Antonio  
8565 Ewing Halsell, SAT 78229  
Private school for 1-12 grades for individuals with learning disabilities.  
(210) 615-6544  
www.winston-sa.org

FINANCIAL PLANNING

Metlife Financial Services  
MetDESK (Division of Estate Planning for Special Kids) 100 NE Loop 410 Suite 1050 SAT  
(210) 340-0186  www.metlife.com

Merrill Lynch  
200 Concord Plaza #100  SAT 78216  
(210) 805-2921

New York Life  
8000 IH 10 West, Ste. 800 SAT 78230  
Contact: Paul Fernandez, LUTCR  
Office: (210) 321-1491 Cell: 683-4679  
Specializing in planning for Special Needs Trust, Life Insurance, Annuities, Long Term Care, Mutual Funds & Guardianship Resources.

Northwestern Mutual  
9110 IH 10 W Ste 105  SAT  
(210) 616-0900

Sapient Financial Group  
10101 Reunion Place, Ste. 300 SAT 78216  
(210) 384-5384 - Contact: Kenny Roesler  
www.SapientFinancialGroup.com

GENERAL COMMUNITY RESOURCES

211 – Information and referral for various needs (utilities, rent, clothing, medical, transportation).  
www.unitedwaysatx.org

311 – Information for city services (brush pickup, animal control, etc.)

Agape Ministry  
127 Lanark SAT 78218  
Food, Clothing, Rent, Utilities  
Call M-W-F only (limited zip codes served)  
(210) 590-6655

Alamo City Christian Fellowship  
6500 IH 10 35 N. SAT 78218  
Food and Clothing  
(210) 654-7880

Battered Women’s Shelter  
(210) 733-8810 (Hotline)

Bexar County Department of Community Investment  
233 N. Pecos SAT 78207  
Utility, Heating/cooling appliance program.  
(210) 335-6770

Carelink  
Member Services - (210) 358-3350  
Payment plan for medical services

Catholic Charities  
2903 W Salinas, SAT 78207  
Food, Clothing, Rent, Utilities & Immigration  
(210) 433-3256

Christian Assistance Ministries – CAM  
110 McCullough, SAT 78215  
Food, Clothing, Rent, Utilities  
(210) 223-6648  
www.christianassistanceministries.org
Community Action Program – CAP
Food, Clothing, Rent, Utilities
Call for nearest location/ Assists once a year
(210) 207-7830

Daughters of Charity Services of San Antonio
Medical, dental, social services including utility assistance, food, clothing, etc.
(210) 334-2300
www.dccsa.org

Ella Austin Community Center
1023 N Pine, SAT 78202
Food, Clothing, Utilities
Serves primarily East Side residents
(210) 224-2351 www.ellaaustin.org

Greater Randolph Area Services Program
426 E Aviation (thrift store)
250 Donalan Universal City TX 78109
(Randolph & Marion area only)
Food, Clothing, Rent, Utilities
(210) 658-6351

Greater Corinth Baptist Church
500 S New Braunfels, SAT 78203
Food Only M-F 4:00 p.m. - 5:30 p.m. ONLY
(210) 533-7991

Guadalupe Community Center
1801 W Ceasar Chavez SAT 78207 (only 07 zip code)
Rent, Utilities, & GED
(210) 226-6178

Habitat for Humanity
311 Probandt, SAT 78204
Builds homes for low income families/disabilities. Monthly orientation meetings.
(210) 223-5203
www.habitatsa.org

HELP Program
1701 W. Woodlawn SAT 78201
(210) 731-8118, ext. 202
Emergency food assistance, food stamp enrollment, job placement, vision enrollment, CPS Utilities assistance.
www.hrpch.org/programs/help
Email: hrpch@hrpch.org

House of Neighborly Service
407 N Calaveras St
Food only (210) 434-2301

Life Line – AT & T
Reduced telephone service for low income families
(800) 464-7928

Madonna Neighborhood Center
1906 Castroville Rd.
Provides some food and clothing assistance
(210) 432-2374

Presa Community Center
3721 S Presa, SAT 78210
Senior Nutrition Center, Utilities for area residents.
(210) 532-5295
www.presa.org

Project Warm - Bexar County Dept. of Community Assistance
For CPS assistance during winter only
(210) 335-6770

Program-RACAP
Food, Clothing, Rent, Utilities.
NE area only. M-F 1:00 p.m. - 3:00 p.m.
(210) 658-1613 - Schertz, TX

Society of St. Vincent de Paul
Food, Clothing, Rent, Utilities, Furniture, Appliances.
Call between 9:00 and 11:00a.m.
(210) 225-7837

San Antonio Alternate Housing
1215 S Trinity, SAT 78207
Helps low income families own homes
(210) 224-2349
www.saahc.org

Salvation Army
226 Nolan St
Temporary shelter for men
(210) 226-2291
Salvation Army-Hope Center
510 N Flores St, SAT 78212
Food anytime, For Clothing, Rent & Utilities. Must call on Mondays by 9 a.m. for appointment.
(210) 352-2020

SAMMinistries
910 W Commerce, SAT 78207
Temporary shelter and transitional housing
(210) 224-5838

Haven for Hope
1 Haven For Hope Way SAT 78207
(210) 220-2100
Homeless services and shelter
www.havenforhope.org

San Antonio Food Bank
5200 Old Hwy 90 West, SAT 78227
Food, Assistance w/ completing food stamp applications & applying for Medicaid/CHIP.
(210) 337-3663

Wesley Community Center
1406 Fitch, SAT 78211
Food, Clothing, Utilities, Day Care, After School Care
Basketball Program for Young Men, Summer Recreation Programs.
(210) 924-5191

LEGAL ASSISTANCE

Lawyer Referral Service
(210) 227-1853

Texas RioGrande Legal Aid, Inc.
1111 N. Main, SAT 78212
(888) 988-9996 or (800) 369-0356

St. Mary's Law School
(210) 431-2596

Catholic Charities Guardianship Program
202 W. French SAT 78212
(210) 210-293-1009
www.ccaosa.org

Carroll Bertsch
1919 San Pedro, SAT 78212
Medicaid, guardianship, Special needs trust
(210) 735-9911 – www.assistingseniors.com

Margie Boldrick
1777 NE Loop 410, Suite 600 SAT 78217
Estate Planning
(210) 349-1199

Granstaff, Gaedke and Edgmon
5535 Fredericksburg Rd. SAT 78229
Guardianship & Trust
(210) 348-6600

Jim House
8620 New Braunfels, Suite 315 SAT 78217
Estate Planning
(210) 821-6863

Cheryl McMullan
111 Soledad, Suite 300, SAT 78205
Estate Planning, Guardianship & Medicaid
(210) 212-4076

Kay Martinez, Family Law
3737 Broadway #320 SAT 78209
(210) 826-0851

Betsy Riley, Family Law
206 E. Locust SAT 78212
(210) 212-6700

Barbie Scharf-Zeldes, Family Law
8925 IH 10 W SAT 78230
(210) 699-6589

Patricia Sitchler
112 E Pecan 30th Floor, SAT 78205
Estate Planning Guardianship, & Medicaid
(210) 224-4491

Connie Somers
11122 Wurzbach, Ste. 100 SAT 78230
Social Security
(210) 271-7807
Anna M. Torres & Associates
85 NE Loop 410, Suite 116  SAT 78216
(210) 249-2143
Estate Planning, Probate, Elder Law, Adoption & Business Organizations

K.T. Whitehead, Elder Care Attorney
3004 Nacogdoches Road  SAT 78217
Estate Planning, Guardianship & Medicaid
(210) 930-4300

MENTAL HEALTH SERVICES & SUPPORTS
Clarity Child Guidance Center
8535 Tom Slick Rd.  SAT 78229
(210) 616-0300

La Paz Community Mental Health
530 San Pedro,  SAT 78212
(210) 558-8744
(210) 558-4276 - Children and Adults Intake

National Alliance for Mental Illness NAMI, SA
510 Belknap, Rm. 224 SAT 78202
Ed Dickey (210) 734-3349
www.nami.org

ONLINE RESOURCE DIRECTORY
Alamo Service Connection
Provides access to long term services & supports for older adults, people with disabilities & their families.
(210) 477-3275
www.askasc.org

DisabilitySA.org
Resources for individuals with disabilities in Bexar County. Calendar of local events at
www.disabilitysa.org

Gordon Hartman Family Foundation
www.hartmansa.org

OTHER SERVICES
Guide Dogs of Texas, Inc.
1503 Allena Drive.  SAT 78213
(210) 366-4081 1-800-9231
Providing guide dogs to Texans who are visually impaired to enhance their mobility and independence.
www.guidedogsoftexas.org

MEDICAID WAIVER PROGRAMS
DADS Long term Help

CBA – Community Based Alternatives Program
for those with a need for skilled nursing services
(210) 438-6208 - (ages 21 & over)

DB-MD – Deaf/Blind Multiple Disabilities Program for those with diagnoses of Deaf, Blind and a developmental disability (all ages)
(877) 438-5658 - Interest list in Austin

HCS – Home & Community-based Services Program for those with a diagnosis with intellectual disabilities (all ages) Interest list in San Antonio
(210) 832-5020

CLASS – Community Living Assistance & Support Services Program for those with a diagnosis of Developmental Disabilities / Related Conditions (all ages) Interest list in Austin (877) 438-5658

MDCP – Medically Dependent Children’s Program for those with a need for skilled nursing services (children up to 21) Interest list in Austin
(877) 438-5658

YES – Youth Empowerment Services - For children and adolescents with severe emotional disturbances to live in the community with their families. This is a pilot program in Bexar County. Interest List:  (210) 731-1300, ext. 259

MENTAL HEALTH SERVICES & SUPPORTS
Clarity Child Guidance Center
8535 Tom Slick Rd.  SAT 78229
(210) 616-0300

La Paz Community Mental Health
530 San Pedro,  SAT 78212
(210) 558-8744
(210) 558-4276 - Children and Adults Intake

National Alliance for Mental Illness NAMI, SA
510 Belknap, Rm. 224 SAT 78202
Ed Dickey (210) 734-3349
www.nami.org

ONLINE RESOURCE DIRECTORY
Alamo Service Connection
Provides access to long term services & supports for older adults, people with disabilities & their families.
(210) 477-3275
www.askasc.org

DisabilitySA.org
Resources for individuals with disabilities in Bexar County. Calendar of local events at
www.disabilitysa.org

Gordon Hartman Family Foundation
www.hartmansa.org

OTHER SERVICES
Guide Dogs of Texas, Inc.
1503 Allena Drive.  SAT 78213
(210) 366-4081 1-800-9231
Providing guide dogs to Texans who are visually impaired to enhance their mobility and independence.
www.guidedogsoftexas.org

MEDICAID WAIVER PROGRAMS
DADS Long term Help

CBA – Community Based Alternatives Program
for those with a need for skilled nursing services
(210) 438-6208 - (ages 21 & over)

DB-MD – Deaf/Blind Multiple Disabilities Program for those with diagnoses of Deaf, Blind and a developmental disability (all ages)
(877) 438-5658 - Interest list in Austin

HCS – Home & Community-based Services Program for those with a diagnosis with intellectual disabilities (all ages) Interest list in San Antonio
(210) 832-5020

CLASS – Community Living Assistance & Support Services Program for those with a diagnosis of Developmental Disabilities / Related Conditions (all ages) Interest list in Austin (877) 438-5658

MDCP – Medically Dependent Children’s Program for those with a need for skilled nursing services (children up to 21) Interest list in Austin
(877) 438-5658

YES – Youth Empowerment Services - For children and adolescents with severe emotional disturbances to live in the community with their families. This is a pilot program in Bexar County. Interest List:  (210) 731-1300, ext. 259
SIBscape -
Website to help siblings of individuals with developmental disabilities and others become better advocates for their families. Provides training and services for individuals ages 14 and up and has programs specifically designed for siblings. www.sibscape.org, or contact Stacy Mather at stacey@sibscape.org

PARENT TRAINING PROGRAMS

Avance National Headquarters
118 N. Medina SAT 78207
Parenting Education, Adult Literacy, Fatherhood Services, Child Abuse/Neglect Intervention
(210) 270-4630
www.avance.org

Avance of San Antonio
118 North Medina SAT 78207
Parenting Education, Adult Literacy, Fatherhood Services, Child Abuse/Neglect Intervention
(210) 220-1788
www.avancesa.org

Family Services Association
702 San Pedro SAT 78212
(210) 299-2400
www.fsasatx.org

PALS (Parent Alliance for Learning & Support)
(210) 826-4492

Partners Resource Network Team Project
Provides training on special education issues
(877) 832-8945

RECREATION / LEISURE ACTIVITIES

Above & Beyond Gymnastics
2835 NE Loop 410, SAT 78218
(210) 213-1458

The Arc of San Antonio, Inc.
Recreational and leisure opportunities for adults -
(210) 490-4300
www.arc-sa.org

A.W.A.R.E. San Marcos
San Marcos, TX
Therapeutic horseback riding
(512) 754-6773
www.awareranch.org

A-Z Music Therapy
20770 Hwy 281 No. Ste. 108-188 SAT 78258
(210) 392-1277
www.a-zmusictherapy.com

Children’s Association for Maximum Potential - C.A.M.P. Teen Program
(210) 671-5411
www.campcamp.org

Eva’s Heroes
11107 Wurzbach Rd. Ste 203 SAT 78230
(210) 694-9090 – Ages 14-21
After school and weekend enrichment for children & young adults with developmental disabilities
www.evasheroes.org

Jesus Cares Outreach /Our Savior Lutheran Church
11503 Vance Jackson, SAT 78230
Religion class for people with DD meets every 1st and 3rd Saturday of every month in the fall.
(210) 696-2716

Kids Yoga Therapy
3300 Nacogdoches Rd., Ste. 110, SAT 78217
For young infants and children with Neurodevelopmental challenges including developmental delays, Autism, ADHD.
Contact: Kathleen Matula, PhD in Child Development and certified in Yoga for the special child.
(210) 834-8275
www.kidsyogatherapy.com

Kinetic Kids
PO Box 690993
San Antonio, Tx. 78269-0993
(210) 748-5867
www.kinetickidstx.org

R & K Songsters Choir
Gail Phillips - (210) 805-0802

The Arc of San Antonio’s Community Resource Directory may be reproduced for personal or educational use without written permission, but cannot be included in material presented for sale or profit.
San Antonio Playmakers Program/San Antonio League of Self Advocates (SALSA) –
16414 Ledge Park SAT 78232
Drama program for adults with developmental disabilities.
(210) 828-7125 - Contact Judith

San Antonio Parks and Recreation Department
Adaptive Sports & Recreation Program
(210) 207-3018 or (210) 207-3048
www.sanantonio.gov

The Door in the Wall, Inc.
767 Lookout Drive, Lakehills, TX 78063
Fun, free events for people with disabilities.
(210) 637-8316
www.ditwtexas.org

The Saddle Light Center
17530 Old Evans Rd, Selma TX 78154
Therapeutic riding for people with special needs
(210) 651-9574 www.thesaddlemightcenter.com

Special Olympics Texas
10233 McAllister Frwy Ste 100
SAT 78216 (210) 530-9898
Fax: (210) 530-9896 www.sotx.org

Sunburst Gymnastics
7903 Mainland Dr, SAT 79250
(210) 680-0944

Triple H Equitherapy
789 Backhaus Rd Pipe Creek TX 78063
Therapeutic riding for people with special needs
(830) 510-9515

University United Methodist Church – The “U”
5084 DeZavala Rd, SAT 78249
Weekly Sunday school classes for children and adults with developmental disabilities.
Director – Susan Galindo
(210) 696-1033
www.uchurch.tv

RESIDENTIAL SERVICES

GROUP HOMES:
For a complete listing of HCS/ICF-MR facilities
www.aacog.com/MRA/default.asp

SUPERVISED APARTMENT COMPLEXES:
Mission Road Development Center
Various locations - (210) 344-9987

Reaching Maximum Independence
Various locations - (210) 656-6674

RESOURCE AND REFERRAL

Alamo Area Council of Governments (AACOG)
8700 Tesoro Dr., Ste. 700 SAT 78217-6228
(210) 362-5200
www.aacog.com

Bexar Area on Aging
Information/Referral for individuals 60 and older in Bexar County
(210) 362-5254

The Arc of San Antonio, Inc.
13430 West Ave, SAT 78216
www.arc-sa.org - (210) 490-4300

The Arc of Texas
www.thearcoftexas.org
(800) 252-9729

The Arc of US
www.thearc.org (800) 433-5255

Any Baby Can, Inc.
217 Howard SAT 78212
www.anybabycansa.org
(210) 227-0170

CSD (Communication Services for the Deaf) of Texas
7400 Blanco Rd. Ste, 130 SAT 78216
Resource/Referral/Advocacy
www.c-s-d.org
(210) 349-3332 (Message Center)
Center On Independent Living – COIL 12414
Nacogdoches, Suite 150 SAT 78217
(210) 655-2333 or 655-2336 www.coil.org

Region 20 Education Service Center
1314 Hines Ave. SAT 78208
(210) 370-5200 www.esc20.net

San Antonio Independent Living Services - SAILS
1028 S Alamo, Suite 1, SAT 78210
(210) 281-1878 www.sailstx.org

RESPITE PROGRAMS

Children’s Association for Maximum Potential (CAMP) Summer/weekend respite camps for children and adults.
(210) 671-5411 www.campcamp.org

Center For Health Care Services (Calidad)
8155 Lone Shadow Converse, Texas 78109
Respite and Foster Care Services
(210) 659-5857 www.chcsbc.org

Respite Care of San Antonio
Davidson Respite House/Day Care/Mother’s Day Out
PO Box 12633, SAT 78212
(210) 737-1212 www.respitecaresa.org

STATE PROGRAMS / OFFICES

Bexar County Tax Office
For Handicap placards and license plates
(210) 335-2251

Bexar County Housing
1017 N. Main Ave., Ste. 201 S.A. TX 78212
(210) 225-0071

Department of State Health Services (DSHS)
Children with Special Health Care Needs Program
(210) 949-2000 www.dshs.state.tx.us

Department of Aging and Disability Services (DADS)
Long Term Care program – (210) 438-6208
Consumer rights hotline - (800) 228-1570 www.dads.state.tx.us

Department of Assistive and Rehabilitative Services (DARS)
Blind and visually impaired services
4204 Woodcock, Suite 274 SAT 78228
Assistance for visually impaired from birth to adult
(210) 785-2750 Fax (210) 735-7508

Rehabilitation Services:
Central (downtown) (210) 228-2280
North (210) 561-8600
Northeast (210) 590-5740
South (210) 927-8300
West (210) 522-8010
Regional (210) 805-2200 www.dars.state.tx.us Health and Human Services (HHSC)

Customer Service Line (Ombudsman)
(877)787-8999 www.hhsc.state.tx.us

HHSC-Medicaid Hotline
(800) 252-8263

San Antonio Housing Authority
818 S Flores, SAT 78204
Housing Assistance Program general info.
(210) 477-6262
Section 8 info – option 1

Social Security Administration
(800) 772-1213

Texas Department of Family and Protective Services (TDFPS)
3635 SE Military Dr
(800) 252-5400 (24 hour hotline)
SUPPORT GROUPS
**Call for current meeting times and locations**

Alamo Head Injury
For brain injury survivors, family and friends. Meets the 4th Wednesday, 6:00pm.
2203 Babcock
(210) 614-4323

Any Baby Can
Sibling Support Group: Group for siblings of medically fragile & chronically ill children
Autism/Asperger’s Support Group
(210) 227-0170
www.anybabycansa.org

Arc Family Network
Information and support network for families with children/adults with special needs (210) 490-4300
www.arc-sa.org

Autism and Beyond
A 501(c)(3) non-profit charity organization created by a group of parents for children and adults with Autism and Intellectual Disabilities.
Contact: Irma Canfield at (210) 262-6740 or itcanfield@gmail.com

Autism Community Network
701 S. Zarzamora SAT 78207
(210) 435-1000 /Fax: (210) 200-6056
Provides comprehensive services for children diagnosed with Autism up to age 5.
Monthly Parent Workshops.
www.autismcommunitynetwork-SA.org

BrightBeacon.org
Social networking site for parents of kids with medical needs to meet, discuss your children and their children’s medical needs. Provides support, information and resources.
www.brightbeacon.org

Children’s Bereavement Center of South Texas
For Children that have lost a parent or sibling due to extended illness.
(210) 736-HUGS
www.cbcst.org

CHADD (Children and Adults with Attention Deficit Disorder)
(800) 233-4050
www.chadd.org

Clarity Child Guidance Center
Support group for parents of children diagnosed with a mental health condition
(210) 616-0300

National Alliance for Mental Illness-NAMI, SA
510 Belknap, Rm. 224 SAT 78202
Ed Dickey (210) 734-3349
www.nami.org

The Down Syndrome Association of San Antonio
For families with children that have Down syndrome
(210) 349-4372

Epilepsy Foundation of Central and South Texas
(210) 653-5353
www.efcst.org

Meld Special
Support group for parents of children with special needs or chronic illness. Free Childcare and meal provided. Call for locations (210) 223-9381.

Muscular Dystrophy Association
8610 Broadway, Ste. 200, 78217
Diagnostic exams, medical follow-up, carrier-testing counseling, equipment, PT/OT, summer camp, support groups (210) 650-3181
www.mda.org

Parent Information Exchange - PIE
511 E Craig Place, SAT 78212
Contact: Margaret Larcade - (210) 733-0260
San Antonio Independent Living Services (SAILS)
Support group for adults with disabilities; families of adults with disabilities; Young adult (18+) and Life skills classes for successful living.
Contact: Sandie Flanagan - (210) 281-1878

Trey’s House
(210) 771-4489
Contact: Margaret
A club house for individuals,18 & up with
Acquired & Traumatic Brain Injury to include others with debilitating brain disorders, including Asperger’s, epilepsy, and other stigmatized disabilities that lead to social and job related problems.  www.treyshousesa.org

TRANSPORTATION

Medical Transportation
For Medical or Dental Appointments
1-877-633-8747 (Medicaid or CSHCN eligibility required)

City of San Antonio
Transportation for the elderly
(210) 207-6680

VIA-Trans
Scheduling and info:  (210) 362-5050
Eligibility:  (210) 362-2140
www.viainfo.net

Warm Springs Resource Center
(210) 595-9200
Ages 50 plus
www.warmsprings.org