



## FISCAL YEAR 2022

### OUR MISSION

To enhance the lives of children and adults with intellectual and developmental disabilities (IDD) and to support the families who care for them.

### OUR VISION

A world where everyone with IDD has the resources, services, and programs needed to reach their maximum potential and lead healthy, happy, and productive lives.

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# DONA KOTZUR

PRESIDENT/CEO

## THANKFUL

Dear Friends,

2022 was filled with hope, change, challenges, growth, and most of all, appreciation for our participants, families, donors, volunteers, and staff! In this special issue, you will find a recap of the year in photos and The Arc's FY22 Impact Report.

This is just the beginning! In addition to our increased social media presence, we have recently added monthly e-blasts to educate, advocate, and raise awareness. And, in 2023, we will produce a quarterly newsletter to keep our families and friends up to date with more in-depth features on The Arc's programs, our generous donors, community partners, and opportunities to get involved.

The Arc is an incredibly special place. As you will see in our program updates, we could not provide these vital services without your help! Together, we continue to significantly impact the lives of thousands of children, adults, and families in the IDD community.

With gratitude,

*Dona Kotzur*







# OUR HISTORY

In 1954, little was known about intellectual and developmental disabilities (IDD). There were virtually no programs or activities to assist people with IDD or support their families. It was common for doctors to tell parents the best place for their child was in an institution. The families who founded The Arc of San Antonio believed their loved ones with IDD deserved more – to be included in our community and to have the opportunity to pursue fulfillment and happiness like everyone else.

For 68 years, The Arc has served children and adults with IDD and supported the families who care for them. Annually, 1,800 unduplicated individuals receive direct care, comprehensive case management, and resources in Bexar and surrounding counties. This vital assistance provides a continuum of support for families, and opportunities for people with IDD to reach their maximum potential and lead fulfilling lives.

There are more than 100,000 people with a cognitive disability in Bexar County alone. Demand for related services continues to outpace available resources. Consistent, quality community services have a critically important role in the wellbeing of these individuals and their families.



**WHAT IS IDD?**  
Intellectual and developmental disabilities include Autism Spectrum Disorder, Cerebral Palsy, Down Syndrome, other and/or dual diagnosis.



## Board of Directors

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# Faces of The Arc of San Antonio

In 2022, thanks to artists from Coppini Academy of Fine Arts, a series of portraits were created from photos of dozens of Adult Life Enrichment (ALE) program participants. In September, the 8x10 originals were gifted to the featured individuals and the artists were surprised with framed prints.

We hope through these amazing images you see how we are you! We love our friends and families. We like watching and playing sports. We enjoy movies and popcorn. We have fun singing and dancing. We help others by volunteering. We seek to be loved, understood, and welcomed in the communities where we live, work, and play... just like everyone else!

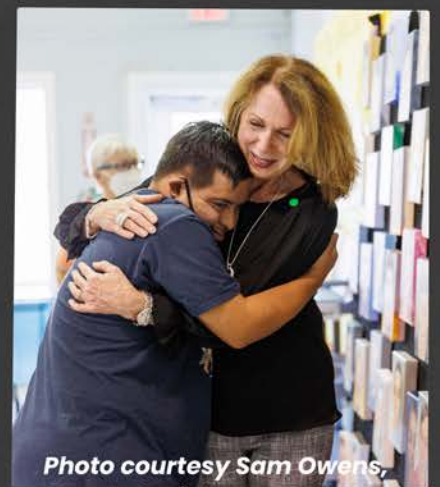


Photo courtesy Sam Owens,  
San Antonio Express-News





# PROGRAMS

We meet our mission through direct care, case management and coordination services, and participation in advocacy and community collaborations in Bexar and surrounding counties.

After more than 18 months of virtual and hybrid programming due to COVID-19, we transitioned fully back to in-person for The Arc's direct care services in November 2021. Hybrid services continue to be the new preferred normal for our clients and partners in all other navigation, referral resources, and community outreach services.

## Adult Life Enrichment (ALE)

The Arc's day habilitation program, Adult Life Enrichment (ALE), serves individuals with IDD who are 18 years or older, providing programming intended to build functional living skills (how to clean a house, do the dishes, etc.), prevocational skills (time management, problem solving, social and communication skills), encourage health and wellness (exercise, nutrition), and give opportunities for enrichment (art, music).

With two locations - 13430 West Avenue and 6530 Wurzbach Road - the ALE program is our participants' primary connection to community integration, giving valuable opportunities to develop and practice life and social skills at The Arc and during community outings and volunteer events.

Additionally, the ALE program is essential for families caring for an adult with IDD. These caregivers are able to go to work or receive respite knowing their loved one is safe in a nurturing environment.

The Arc receives some reimbursement through state-funded programs, but less than half the actual cost for ALE is covered. For individuals on waiver program waiting lists (who wait up to 15 years) The Arc's sliding-scale fees are based on income. Six out of 10 private-paying families qualify for rates reduced by 65%. They would otherwise pay \$1,300+ monthly, an unaffordable sum for most families in our community. Keeping tuition affordable makes it necessary for The Arc to raise additional support through philanthropy.

**180 Participants Enrolled**

(close to pre-COVID numbers)

**104 Average Daily Attendance**

Monday through Friday

7 a.m. to 4:30 p.m.





# Community Living Assistance and Support Services (CLASS)

CLASS, a Medicaid Waiver program, provides home and community-based services as an alternative to an intermediate care facility for individuals with an intellectual disability or related conditions.

The Arc's staff provide comprehensive case management and assist participants in organizing various services needed to achieve maximum levels of independence, including attendant care, specialized therapies, adaptive aids, minor home modifications, and respite care for families. Long-term supports and services (LTSS) are based on the participant's unique needs, identified in an individual plan of care developed by the participant and their service planning team.



**486 unduplicated individuals** served by **11 case managers**, enabling **living with family or independently** through long-term supports and services



# Community Services Case Management (CSCM)

**198 individuals** 3 to 21 years old served  
**66% with autism** as primary diagnosis  
**Partner with 17 school districts**

CSCM supports families who care for children and young adults with special health care needs and disabling conditions that Medicaid does not currently cover.

The Arc's three CSCM case managers help caregivers navigate the oftentimes overwhelming network of service providers. Comprehensive case management involves everyone who plays a role in the child's life including parents, guardians, family members, physicians, clinics, school personnel, childcare providers, and social service agencies.

The Arc's staff work with families to identify needs, create personalized care plans, and help connect with resources. Most families served by CSCM qualify as low income.



# CSCM Success Story

James, a 14-year-old diagnosed with IDD and speech impairment, came to the CSCM program without any involvement in recreational activities. Both parents wanted their son to have opportunities to help increase his socialization skills. James' case manager connected the family with Special Olympics.

In May, the Special Olympics Texas Summer Games were held in San Antonio. James participated and won two silver medals! The family was extremely grateful for The Arc's support and James has become more confident in social situations.



*(Name changed to protect privacy.)*



**520 unduplicated families**  
received care coordination support

**498 additional families** assisted  
with resources and referrals

**Partnerships** with **18 school districts**

## Family Support Services (FSS)

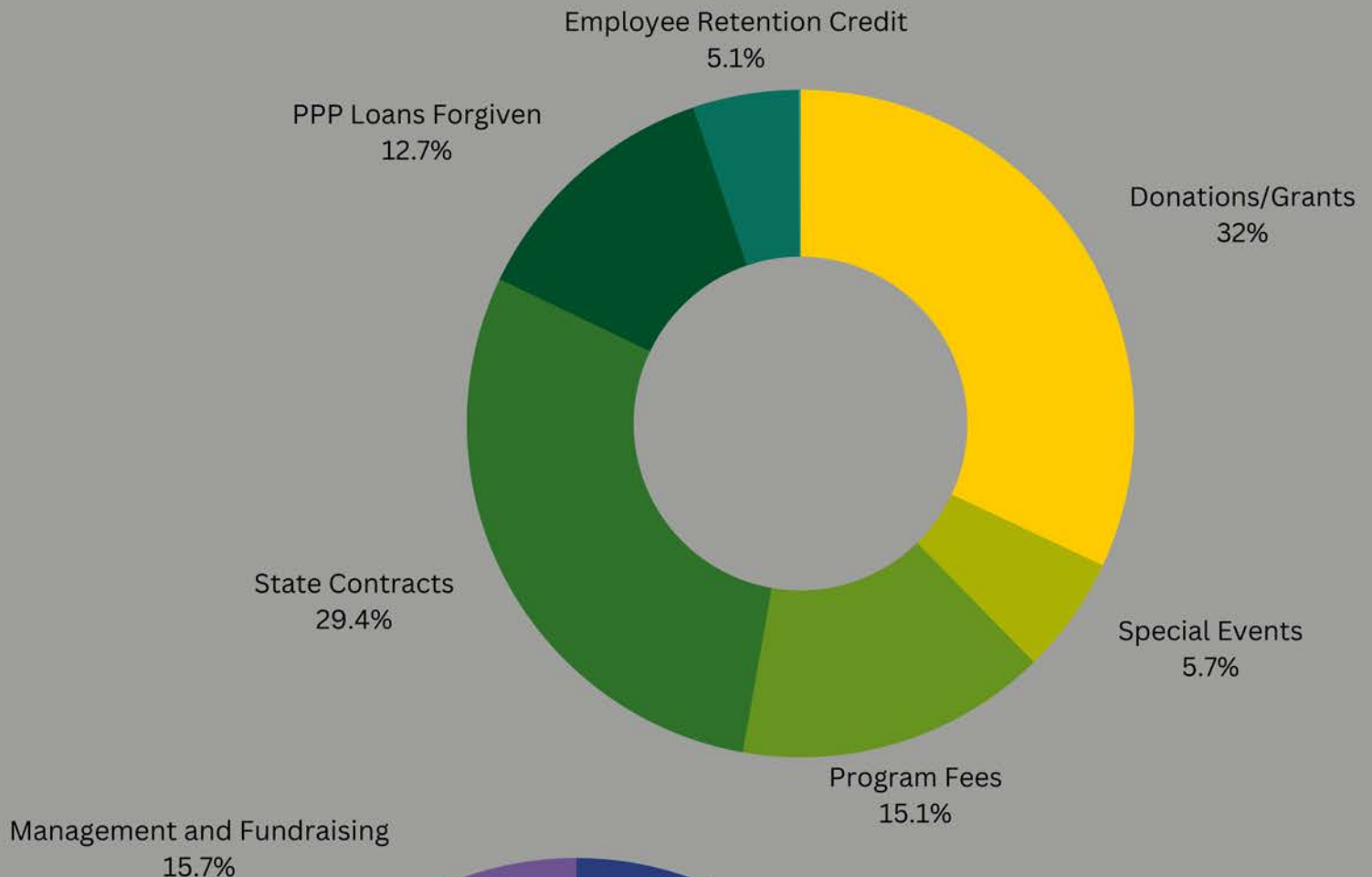
Working closely with school districts and specializing in transition services, the FSS program helps families access community-based resources through all stages of life. FSS staff assist caregivers as they develop and implement plans that address the immediate and long-term needs of children and adults with IDD, including crisis intervention, funding for services, educational options, residential placement, day activities, and vocational programs.

Additionally, through referrals and resource sharing, The Arc's two FSS case managers connect families with community partners equipped to help meet the health, educational, social, and other goals of their loved ones with IDD.

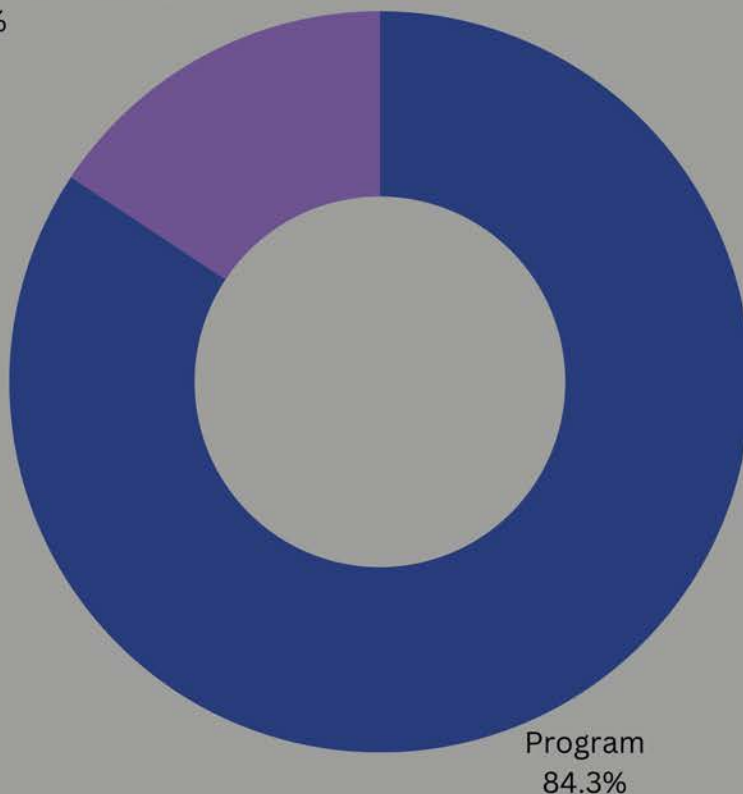
Because The Arc believes it is important to provide "no barriers" service options, FSS is funded entirely through donations, enabling us to serve families without regard to age, diagnosis, or income. Most families (85%) seek assistance for school-aged children and one-quarter make less than \$25,000 per year.

# FY2022 REVENUES

With more than 130,000 individuals living with a cognitive disability in Bexar and surrounding counties, the need is great, but services and reimbursement funds are limited. The Arc is extremely thankful for our donors. You made it possible for us to positively impact the lives of 1,884 children and adults with IDD and the families who care for them.



# FY2022 EXPENSES Ratio Less Than 16%





## Revenues

<b>Donor Support</b> Individuals, Foundations, Corporations	<b>\$1,263,148</b>
<b>State Contracts</b> Case Management, Navigation Services	<b>\$1,155,987</b>
<b>Program Fees</b> Day Habilitation	<b>\$ 594,461</b>
<b>Paycheck Protection Program</b> Loans Forgiven	<b>\$ 498,445</b>
<b>Special Events</b> Roses & Races Gala	<b>\$ 224,667</b>
<b>Employee Retention Credit</b>	<b>\$ 201,607</b>
<b>TOTAL INCOME</b>	<b>\$3,938,315</b>

## Expenses

<b>Program</b> Direct Care, Case Management	<b>\$2,740,093</b>
<b>Management and Fundraising</b> Administrative, Development	<b>\$ 510,187</b>
<b>TOTAL EXPENSES</b>	<b>\$3,250,280</b>

## Financial Position

<b>Total Current Assests</b>	<b>\$2,688,284</b>
<b>Total Property &amp; Equipment</b>	<b>\$2,232,906</b>
<b>Total Assests</b>	<b>\$4,921,190</b>
<b>Total Liabilities</b>	<b>\$ 174,320</b>
<b>Net Assets - W/O Donor Restriction</b>	<b>\$4,364,368</b>
<b>Net Assets - With Donor Restriction</b>	<b>\$ 382,502</b>
<b>TOTAL Liabilities &amp; Net Assets</b>	<b>\$4,921,190</b>

# FY22 SUMMARY